



Quick Notes



District Leaders



Michael Soden
District Governor



Michael Driebe
District Gov-Elect



Gilda Moshir
District Gov-Nominee



Dennis Franklin
District Gov-Signate



Roger Gutierrez
IPDG



Karina Anderson
Public Image Chair



Thomas Allison
District DEI Chair



Isaac Hung
Executive Assist
Gov-CA West



Rae Kearney
Executive Assist
Gov-CA East



Mark Mariscal
District Rotary
Foundation Chair

June 15, 2024

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Club and District Events and Reminders

DC24 Cruise to Service

By DG Michael Soden

The excitement is palpable as we eagerly anticipate the DC24 Cruise to Service. As Rotarians, we are proud of our collective achievements and are thrilled to embark on an exciting journey together. DC24: A Cruise to Service promises to be an enchanting experience, with over 200 esteemed members from our district in attendance.

We are especially looking forward to the one-day District Conference, which will kick off with a mandatory business meeting. Following this, we will present awards to clubs in six different areas and hear from several individuals regarding the important projects undertaken by our district over the past year. In the afternoon, we will announce the Governor's Bell winners and review the year. It is also important to take a moment to recognize the hard work and dedication of our district committee chairs, without whom none of this would be possible. Finally, we will end with the time-honored tradition of pinning our next District Governor Michael Driebe, along with the District Governor Elect Gilda Moshir and District Governor Nominee Dennis Franklin.

As we navigate the awe-inspiring seas, we will take time to be fully engrossed in meticulously planned service projects in Ensenada that align perfectly with our Rotary values. We are honored to report that all service positions have been filled, thanks to the enthusiastic response of our members.

Upon completion of our projects, we will host a prestigious luncheon attended by six of the region's most esteemed Rotary Clubs. This exceptional gathering will provide a unique opportunity for sharing ideas and knowledge regarding the various projects implemented by each of the clubs. We are confident that this exchange of ideas will

lead to the establishment of long-term partnerships between districts 5300 and 4100, leading to significant benefits for both.

District 4100 Governor Rafi and I have been working together to ensure that this event will be remembered as a significant milestone for our two Rotary districts. Our goal is for this event to go down in history as yet another momentous achievement we can all be proud of. Together, we can further advance the Rotary values that have served us so well.

REMINDERS

You have heard from us several times in recent weeks about preparing for the cruise. As a firm believer in the power of repetition, I would like to reiterate some important bullet points that are essential to remember and are crucial to ensuring the success of the upcoming conference. Therefore, please take note and keep them in mind as you prepare for the Cruise to Service sailing at 4:00 pm June 21, 2024.

Port San Pedro

Located at Los Angeles World Cruise Center

[Address](#): 100 Swinford St, San Pedro, CA 90731

1. Do not forget your Passport!

2. Parking at the Port of LA World Cruise Center is \$20.00 per day. The lot is right in front of the ship.
3. The Las Vegas Bus is leaving at 5am Friday from the South Point Parking lot. There is no parking fee.
4. Please be on time for your appointment (established at online check in) to access the ship and get on board no later than 3:15. The ship leaves at 4 pm!
5. Welcome reception at 6 pm in the Star room located on the Promenade deck.

Mental Health: Focus on Anxiety/Panic Attacks

By Sheila Gutierrez, District Mental Health Initiative Co Chair

We prepared videos as part of the district response to 2023-24 Rotary International President Gordon McNally's Mental Health Initiative to educate, destigmatize and offer help regarding mental health issues throughout the world.

Please watch: ["Focus on Anxiety/Panic Attacks – A Five Minute Lesson on How to be Your Own Therapist"](#) (click on the icon below if this link doesn't work)

2027-28 District Governor Applications Invited

By PDG John Chase

District 5300 is seeking applicants for 2027-2028 District Governor. One of the most important decisions we make in our District is choosing our future leadership. We are seeking the most qualified person for the position of District Governor. If you have or know someone who has a demonstrated history of proven leadership as a Rotarian, and would be willing to serve, then we are seeking to use that talent, skill and sound judgment as our District Governor for the 2027-2028 Rotary year. Additional information can be found at <https://www.district5300.org/districtgovernornomination/>

Welcome to Another New Club! Vegas Verde

By DG Michael Soden

On June 9, I had the pleasure of attending the Charter night for Vegas Verde, the latest addition to our District. This Club is located in North Las Vegas. The Charter President is Gino Reyes. It was my privilege to be able to install this club and add its potential for service to the district. Welcome Vegas Verde!



Rotary Rose Parade Float Ambassadors

From the Rotary Rose Parade Float Committee

Join the Ambassador Club Program



Any Rotary Club contributing \$500 toward the Rotary Rose Parade Float can become an Ambassador Club. The club must pledge to advocate for support (monetary or volunteer time) for the 2025 Float at any District, ZONE or other RI event that their members might attend. If support materials are needed they will be supplied 3-4 weeks prior to your event.

Ambassador Clubs will get:

- A Personalized banner for the Club
- A patch of the current year's Float
- The annual theme pin
- If requested, a hat for the President
- Entry to a drawing for a club member (or other designated individual over 18) to be a rider on that year's Float. Drawing is on the 2nd Saturday of October. Each consecutive year of renewal a club Ambassador will get all the above excluding a personalized banner for that year's Float.

Become an Individual Ambassador

Any Rotarian in good standing contributing \$500 or more, can become a Float Ambassador. They must pledge to advocate for support (monetary or volunteer time) for 2025 Float at any District, ZONE or other RI event that their members might attend. If support materials are needed they will be supplied 3-4 weeks prior to their event.

Individuals who join will get:

- A Personalized RRPFC Jacket
- A patch of the current year's Float
- The annual theme pin
- An official RRPFC hat in blue or yellow
- Entry to a drawing for a club member (or other designated Rotarian over 18) to be a rider on that year's float. Drawing is on the 2nd Saturday of October. Each consecutive year of renewal they will get the above excluding a personalized jacket

Interested in being an Ambassador or want more information? Contact Wade Nomura wade@wadenomura.com.

Club and District Events and Reminders

June 15th, 7:00-10:30 AM

[Las Vegas Summerlin - Just One Pop](#)

June 18th, 6:30-8:00 PM

[Las Vegas Red Rock - Spice Drive](#)

Up Market

June 19th, 4:15-5:15 PM

LV After Hours - Agassi Birthday Hour

June 19th, 6:00-7:30 PM

LV After Hours - Book Cleaning for Spread the Word Nevada

June 26th, 12:00-1:30 PM

Montebello - Demotion

June 29th, 2:00-5:00 PM

Altadena - Melodia Mariposa Concert

June 29th, 6:00-9:00 PM

Upland - Installation and Debunking

July 1st, 6:00-8:30 PM

Lancaster West Demotion Party

July 3rd, 6:00-7:00 PM

SanDimas-Satellite Club of Military Family Support

July 4th, 10:00-2:00 PM

Claremont - 4th of July dunk tank

July 6th, 5:00-9:00 PM

Altadena 7-6 Concert Volunteers

June 19th, 6:00-7:00 PM

San Dimas - Kick Out/Installation

June 21st, 4:00 embarking

DC 24 Cruise to Service, June 21-

24 June 23rd, 9:00-4:00 PM

Ensenada service project

June 27th, 6:00-8:30 PM

Green Valley Debunking Ceremony

June 29th, 6:00-9:00 PM

Industry Hills Chili Cook-Off at Delhaven!

June 30th, 8:00

Join the Polio Plus Society

July 2nd, 6:00-7:00 PM

San Dimas - Feed Heroes Committee Meeting

July 4th, 8:00-3:00 PM

Covina July Fourth Community Celebration

July 6th, 10:00-11:00 AM

Altadena - Take Down Flags on Lake Avenue

July 13th, 5:00-9:00 PM

Altadena - 7/13 Concert Volunteers